



mesotherapy

Mesotherapy is a non-surgical cosmetic medicine treatment that employs multiple injections of pharmaceutical and homeopathic medications, plant extracts, vitamins, and other ingredients into the subcutaneous fat. Mesotherapy injections metabolically target adipose fat cells, by inducing lipolysis, rupture and cell death among adipocytes.



about mesotherapy

A medical technique devised in 1952 by Dr. Michel Pistor to treat conditions such as rheumatology, sports traumatology, infectious diseases and vascular diseases and to improve circulation, mesotherapy has also proved extremely successful in the treatment of cellulite. The treatment stimulates the mesoderm - the layer of fat under the skin - which in turn helps to disperse the cellulite. Inch loss can also be effectively managed with the use of mesotherapy.



Most of the ingredients used exist naturally in the human body, and have specific functions, by adding more, we're simply accelerating certain processes. For example, the visible signs of cellulite are caused by hardened fibrous tissue beneath the skin. The tissue pulls down on the overlying skin, causing undulations. It also traps fats and fluids from circulating normally, causing discoloration of the skin.



your consultation

During your initial consultation, your surgeon will take a full medical history. Treatment cannot be performed if the patient has recently had a serious medical condition, is pregnant or breast feeding. Also, you should not undergo mesotherapy if you have a history of any allergic reactions to any of the substances being injected. Careful discussions regarding your reasons for wanting treatment of your skin are very important before you begin mesotherapy.

You must also make sure that this treatment can deliver what you want and how you would like to look afterwards. Dr. Eleftheriou will explain the planned procedure in detail, including its risks and benefits, the recovery period and the costs.



your treatments

Mesotherapy involves injecting small amounts of homeopathic medicine immediately beneath the surface of the skin. The procedure helps melt the fat in the skin and breaks up the network of connective tissue fibers that form trapping fat cells that result in cellulite. The fat dissolves and, as occurs when fat is broken down during typical weight loss is carried through the bloodstream and excreted by kidneys and bowel.

Treatment may be carried out immediately after the initial consultation at which point you will be informed as to how many treatments you will require. There are no restrictions after the treatment and you may return to your normal activities immediately.

results after treatments

With some treatments such as the targeted fat reduction, you may notice a difference within the first week. For other treatments where a rejuvenation of the skin is required, such as cellulite, you may need two or three treatments before the results are noticed but this improvement continues each week.

The treatment is long-lasting and the results are measurable. When the desired effects are attained, all that is required is annual maintenance over a 4-6 week period.

Amazing results can be achieved and patients look and feel better both during and after treatment. Overall, with a moderate amount of lifestyle change, mesotherapy can produce dramatic improvements with people losing up to 2cm from the circumference of their thighs after only six sessions.

recovery

Mesotherapy is a safe procedure. A common side effect is bruising, which generally resolves after a week.