



## ART MEETS SCIENCE

Dr Eleftheriou DMD, FIACS, is a Certified Oral and Maxillofacial Surgeon. Because choosing the right surgeon is vital for the success of your surgery, he is always more than happy to answer patients' questions. Dr Eleftheriou's training focuses exclusively on face and neck surgery so his main area of expertise is facial cosmetic surgery. His work is his passion, and therefore, he is constantly looking to improve his knowledge and skills.

“Cosmetic surgery is a fusion of art and science and it is crucial that a surgeon has an artistic eye so they can visualise the results even before they operate

**Q** Why did you become a cosmetic surgeon?

**A** I wanted to make people feel happy about themselves. To be healthy is one thing but to feel good about yourself can be equally important.

**Q** Where do you go to escape the office?

**A** I like to spend time with my wife and daughter, tending my bonsai trees and scuba diving.

**Q** What anti-ageing advice do you give to people?

**A** Avoid the sun as much as possible.

**Q** What is the favourite part of your job?

**A** I love being in the operating theatre but I also find it rewarding seeing patients a few weeks after their surgery when they are really happy with the results I've achieved.

### Board Certification

Cosmetic Facial Surgery diplomat of the International Board of Cosmetic Surgery

### Medical Qualifications

DMD, FIACS

### Areas of Expertise

- Face/Neck/Midface/Forehead Lifts
- Eyelid Surgery
- Endoscopic Facial Surgery
- Rhinoplasty
- Laser Skin Resurfacing
- Facial Implants (chin, cheek, mandible, lips)
- Non-Invasive Cosmetic Procedures (Botox, fillers)

### Location

Cyprus

### Contact Details

Tel: 020 8144 7420

00 357 24822553 (office in Cyprus)

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[www.lindabriggs.co.uk](http://www.lindabriggs.co.uk)



**Eyelid Surgery**



**Rhinoplasty**

# Full Face

**Jeanette Drinkall decided to go abroad for a complete transformation when she couldn't face looking in the mirror any longer**



Before

**What prompted you to have the treatment?**

Like a lot of women, I've always taken a great deal of care over my appearance. I don't smoke,

I look after my skin and I try to get to the gym as often as possible. Then four years ago at the age of 49, I suddenly began to age rapidly. I looked constantly exhausted and my neck and cheeks were visibly starting to sag.

I started to avoid looking in the mirror. I'd always enjoyed wearing make-up but eyeshadow started to rest in the creases on my eyelids and they were so baggy I had to hold them back in order to put on mascara.

I was already having Botox injections in an attempt to stave off the signs of ageing but they were expensive as I needed a top up every six months. I began to think it might make more sense to find a more permanent solution.

**Who carried out the procedure and what was their opinion at the consultation?**

**Treatment:** Full facelift, neck lift, upper and lower eye bag removal and fat grafts

**Name:** Jeanette Drinkall

**Age:** 53

**Occupation:** Hotel accounts manager

I realised I'd need a complete makeover, which would include a full facelift, neck lift and upper and lower eye bag removal, coupled with fat grafts to help plump out my cheeks plus a chemical peel. After seeing three surgeons in the UK, I had a consultation with Dr Stavros Eleftheriou of Surgical Art in Cyprus.

Initially, I felt unsure about going abroad for surgery but as soon as I met Dr Eleftheriou, any fears dissolved immediately. I felt so at ease with this quietly confident surgeon, especially as he was not at all pushy and answered all my questions with patience. I knew straightaway that I could put my trust in him.

**How was the experience?**

I was in theatre for six hours and when I came round from the anaesthetic, my face felt very tender and swollen but the pain wasn't nearly as bad as I'd been expecting. The bandages came off the next day and at first I was too afraid to look at my new face in case I was disappointed.

It was a couple of days before I dared look in the mirror and although I was bruised, the results were amazing. For the

first time in years, I could see my eyelashes and my skin looked so fresh and smooth that I looked and felt at least ten years younger.

**Are you happy with the treatment?**

When I flew home seven days after the operation, everyone kept telling me how fantastic I looked and after feeling so low for so long, I lapped up all their compliments.

I've regained all the confidence I'd lost over the past few years and I'm having a great time socialising again. I don't just look better, my whole attitude to life has changed. Before I had the operation, I'd resigned myself to getting older. Now I'm happier than I have been in years and am embracing the future.

**CS&AM**

**Available from:** For more information on Dr Stavros Eleftheriou visit [www.surgicalart.co.uk](http://www.surgicalart.co.uk) or call 020 8144 7420



After